

Professional Profile



Stephanie Breslow, APNP, FNP-C

NURSE PRACTITIONER

MY PRACTICE:

I began my practice as a Registered Nurse. I've worked with people of all ages throughout my career and furthered my studies to become a Family Practice Nurse Practitioner. I've worked in the hospital setting in Medical Respiratory ICU and Neonatal ICU, prior to moving into the clinic setting where I have found my true calling. Now as a Nurse Practitioner, my practice focuses on preventative medicine overall using an integrative and functional medicine approach for patients of all ages. I treat acute and chronic diseases and believe in working with my patients to find a care plan that will help them succeed in keeping themselves healthy. Throughout my time practicing I've taken a special interest in nutrition, weight loss, bioidentical hormones and complimentary medicine.

MY EDUCATION:

I received my Family Nurse Practitioner Degree at Graceland University in Independence, MO. My training was focused on Pediatrics, Internal Medicine, Family Medicine, and OBGYN. I am also certified through the American Association of Nurse Practitioners in Family Practice.

MY INTERESTS:

Spending quality time with my husband, daughter, and our furry animals. I enjoy day trips to fun spots in Wisconsin and spending time outdoors. I love learning new things, baking and cooking.