



FUNDamentals

September 2014

The newsletter from your Wisconsin Health Fund
6200 West Bluemound Rd. Milwaukee WI 53213

Free Diabetic Meter
Kit and \$5/month
testing strips
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Remember to notify
WHF if you have a
change of address,
phone number, or
other insurance
coverage.

OUR MISSION

Enriching lives
through progressive
benefits,
compassionate care,
and exceptional
service.

You and your family and friends are invited to our 19th Annual Health Fair!

Thursday, October 2nd, 5pm - 7pm

and

Saturday, October 4th, 8am - 11:00am

at

Wisconsin Health Fund - 6200 West Bluemound Road, Milwaukee

Free - Free - Free - Free

So many important, fun, and free things to do and see!

Cholesterol Screening - Saturday only - requires 12 hour fasting prior.

Bone Density - If you are over 40 (and not pregnant) show off your most colorful, craziest socks and be entered into a drawing to win a pair of Spa Socks!

Other free screenings/tests available - **Carotid Doppler Screening, Blood Pressure Screening, Field Vision Testing, and Blood Sugar Testing.**

As well as - **Child Dental and DNA Records and Glo Hand Washing.**

Plus - **The beat of the classic disco song "Staying Alive" and hands-only CPR go hand in hand (pun intended) to help save a life and we have the disco ball to prove it.**

Fun activities such as raffles, face painting, and scavenger hunt with prizes for children 3-12.

Hunger Task Force Food Drive - Bring at least 5 non-perishable food items (no glass and can not be expired) and be entered to win a \$15 Pick 'N Save Gift Card!

FLU SHOTS

WHF Members and WHF Active Retirees: **Free**

If not a WHF member or on Medicare, simply bring your insurance card and we will bill them on your behalf.

No Insurance? No Problem!: \$25

A high dose flu vaccine will be available to those 65 and older.
The pneumonia vaccine will be available only to those who are 65 years and older.

Please remember to wear a short sleeve shirt for any shots or testing you may want done

HUGE SAVINGS ON DIABETIC TESTING STRIPS!

Exclusively at Wisconsin Health Fund Pharmacy for WHF insured members

Pay only \$5/month for your test strips!

(30 day supply)

How much can I save? If you are paying \$25/month or more on your 30 day supply of testing strips, you could save \$240 or more per year!

Why should I switch to a new meter? Prodigy Element offers the same easy-to-use technology and accurate results as your current meter. The only difference is the savings in your pocketbook.

Limited time offer: **FREE METER KIT**

Includes free glucometer, 50 test strips, and 100 lancets

Get started right away! If you want to save money and make the switch, stop by the WHF Pharmacy at 6118 West Bluemound Road or call us at 414-771-5606 or 800-527-2023. Remember, we can also mail your testing supplies and prescriptions to you for free.

WHF Orthopedic Changes

WHF would like to wish Dr. Langenkamp the best in his retirement, he retired the end of August 2014.



Dr. Kornreich is at the WHF Medical Clinic every Thursday 2-5pm.



WHF Pharmacy is now a sharps drop off!

Bring your sharps (needles, lancets, syringes, etc.) to WHF Pharmacy and we will dispose of them properly for FREE!

Must be dropped off in hard plastic or metal container.

WHF welcomes two new doctors to our Orthopedic Department.



Dr. Huizenga on Fridays 9am-11:45am

and



Dr. Kroner on Mondays 1pm-4pm

Women's Health and Cancer Rights

The Women's Health and Cancer Rights Act of 1998 requires the Fund to notify you, as a participant or beneficiary of the Wisconsin Health Fund Plan, of your rights related to benefits provided through the plan in connection with mastectomy. As a participant or beneficiary of Wisconsin Health Fund you have a right to coverage provided in a manner determined in consultation with your attending physician for: (a) all stages of reconstruction of the breast on which the mastectomy was performed; (b) surgery and reconstruction of the other breast to produce a symmetrical appearance; and (c) prostheses and treatment of physical complications of the mastectomy, including lymphedema.

These benefits are subject to the plan's regular deductible and co-insurance described in the Plan Document. For further details, refer to your Summary Plan Description (SPD).

Keep this notice for your records and call your Plan Administrator at Wisconsin Health Fund, (888)208-8808 for more information.

Can you find all the words in BLUE?

Words can be forward, backwards, up, down and diagonal

H N H I Y O L I S P S N T C
 H S S E L V I S V R N H N O
 L Y E G I G L T C G L O W H
 O E T S M C F A Y F I H H T
 N I I D A F R Y N T B H F N
 N O E N F O E I A A L I E O
 N I N E T E E N T H H G E H
 V N S I W I I G P E A T H T
 I E D R P C N A E O G B R L
 N E O F C E L L D R E A R A
 I K I A E G P I G D M L O E
 B R V I H C E V E E L S E H
 I S E I S A O E T G V H N R
 C M I G E V R S O E V Y S L

- 1) This year is WHF's **NINETEENTH** Annual Health Fair
- 2) There will be **CAROTID** Doppler Screening
- 3) Field **VISION** testing is provided for free
- 4) The classic disco song "**STAYING ALIVE**" (one word in puzzle) is the perfect beat for hands-only **CPR**
- 5) Rub a lotion with **GLOW** properties on your hands, wash your hands, and come back to see your hands under a special light to see where "**GERMS**" can hide
- 6) Children and adults should receive the flu **VACCINATION**
- 7) Please remember to wear a short **SLEEVE** shirt for any shots or testing you may want done at the **WHF** 19th Annual **HEALTH** Fair
- 8) Our Health Fair has so many fun and **FREE** things to do and see, bring your **FAMILY** and **FRIENDS** too!

Wordsearch answer key can be found on our website: www.whfund.org. Click on the September 2014 FUNDamental, answer key is the last page

Annual Open Enrollment

Each year you are asked to review your health and welfare benefits to see if they continue to meet your needs for the upcoming year. You may add or delete dependents without a "qualifying event". The member can make these changes during the month of November, any changes made become effective the first billing cycle of 2015.

SUMMARY ANNUAL REPORT

This is a summary of the annual report for the Wisconsin Health Fund, (Employer Identification No. 39-1762582, Plan No. 501) for the period January 1, 2013 to December 31, 2013. The annual report has been filed with the Employee Benefits Security Administration, as required under the Employee Retirement Income Security Act of 1974 (ERISA).

Wisconsin Health Fund has committed itself to pay medical, pharmaceutical, dental, vision, disability, and life insurance claims incurred under the terms of the plan.

Insurance Information

The plan had a contract with Aetna Life Insurance Company to pay all life insurance, long-term disability, and accidental death and dismemberment claims incurred under the terms of the plan. The total premiums paid for the plan year ended December 31, 2013 was \$103,325.

Basic Financial Statement

The value of plan assets, after subtracting liabilities of the plan, was \$46,842,136 as of December 31, 2013 compared to \$42,389,968 as of January 1, 2013. During the plan year the plan experienced an increase in its net assets of \$4,452,168. This increase includes unrealized appreciation or depreciation in the value of plan assets; that is, the difference between the value of the plan's assets at the end of the year and the value of the assets at the beginning of the year, or the cost of assets acquired during the year. During the plan year, the plan had total income of \$38,941,572. This income included employer contributions of \$29,121,895, employee contributions of \$1,300,452, realized gains of \$243,596 from the sale of assets and earnings from investments of \$4,312,735. Plan expenses were \$34,489,404. These expenses included \$2,723,513 in administrative expenses and \$31,765,891 in benefits paid to participants and beneficiaries.

Your Rights to Additional Information

You have the right to receive a copy of the full annual report, or any part thereof, on request. The items listed below are included in that report:

1. An accountant's report;
2. Financial information and information on payments to service providers;
3. Assets held for investment;
4. Transactions in excess of 5 percent of the plan assets; and
5. Insurance information including sales commissions paid by insurance carriers.

To obtain a copy of the full annual report, or any part thereof, write or call the office of Mr. Michael S. Lovely, Executive Director, 6200 W. Bluemound Road, Milwaukee, WI 53213, (414) 771-5600. The charge to cover copying costs will be \$5.50 for the full report, or \$0.25 per page for any part thereof.

You also have the right to receive from the plan administrator, on request and at no charge, a statement of the assets and liabilities of the plan and accompanying notes, or a statement of income and expenses of the plan and accompanying notes, or both. If you request a copy of the full annual report from the plan administrator, these two statements and accompanying notes will be included as part of that report. The charge to cover copying costs given above does not include a charge for the copying of these portions of the report because these portions are furnished without charge.

You also have the legally protected right to examine the annual report at the main office of the plan: 6200 W. Bluemound Road, Milwaukee, WI 53213, and at the U.S. Department of Labor in Washington, D.C., or to obtain a copy from the U.S. Department of Labor upon payment of copying costs. Requests to the Department should be addressed to: U.S. Department of Labor, Employee Benefits Security Administration, Public Disclosure Room, 200 Constitution Avenue, NW, Suite N-1513, Washington, D.C. 20210.

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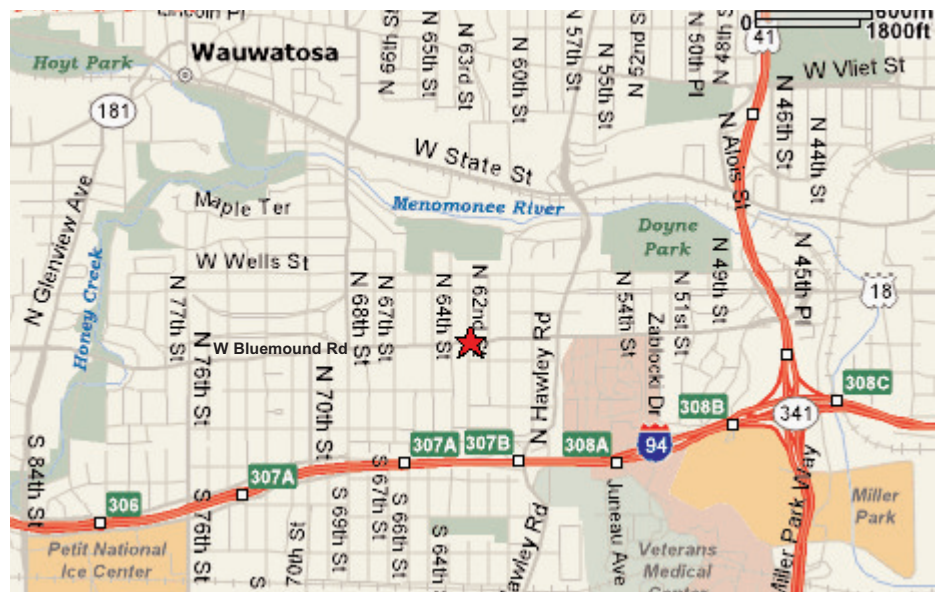
6200 West
Bluemound
Milwaukee, WI
53213

(414) 771-5600
or Toll-free
(800) 524-3538

WHF Customer
Service
(888) 208-8808

WHF On-line
www.whfund.org

Schedule a private tour by calling Director of Member Services Gail Stelmaszewski at (414) 479-3693
The WHF Medical Center is conveniently located at 6200 W. Bluemound Rd. in Milwaukee. Bluemound Rd. is one half mile north of I-94.



2014 Holiday Schedule

Thanksgiving - Thursday, November 27th - Closed
Day after Thanksgiving - Friday, November 28th -
Administration and Benefits Closed
Christmas Eve - Wednesday, December 24th - Closed at Noon
Christmas Day - Thursday, December 25th - Closed
New Year's Eve - Wednesday, December 31st - Closed at Noon
New Year's Day - Thursday, January 1st 2015 - Closed

Wordsearch Answer Key

	a	b	c	d	e	f	g	h	i	j	k	l	m	n
1	H	N	H	I	Y	O	L	I	S	P	S	N	T	C
2	H	S	S	E	L	V	I	S	V	R	N	H	N	O
3	L	Y	E	G	I	G	L	T	C	G	L	O	W	H
4	O	E	T	S	M	C	F	A	Y	F	I	H	H	T
5	N	I	I	D	A	F	R	Y	N	T	B	H	F	N
6	N	O	E	N	F	O	E	A	A	L	I	E	O	
7	N	I	N	E	T	E	E	N	T	H	H	G	E	H
8	V	N	S	W	I	I	S	P	E	A	T	H	T	
9	I	E	D	R	P	C	N	A	E	O	G	B	R	L
10	N	E	O	F	C	E	L	L	D	R	E	A	R	A
11	I	K	I	A	E	G	P	G	D	M	L	O	E	
12	B	R	V	I	H	C	E	V	E	E	L	S	E	H
13	I	S	E	I	S	A	O	E	T	G	V	H	N	R
14	C	M	I	G	E	V	R	S	O	E	V	Y	S	L

- CAROTID** (starting at i3)
- CPR** (starting at f9)
- FAMILY** (starting at e6)
- FREE** (starting at g4)
- FRIENDS** (starting at d10)
- GERMS** (starting at h8)
- GLOW** (starting at j3)
- HEALTH** (starting at n12)
- NINETEENTH** (starting at a7)
- SLEEVE** (starting l12)
- STAYINGALIVE** (starting at h2)
- VACCINATION** (starting at c12)
- VISION** (starting at f2)
- WHF** (starting at m3)